

Curriculum Vitae

Dr. Charles M. Stone, Jr | MDiv, DMin, PhD

10 Glenwood Dr, Laurel, MS
601-577-7903
Charles@charlesstone.com

Professional profile

As a pastor for 42 years, I have served as a lead pastor, associate pastor, and church planter. As a published author I have published seven books with one coming in 2024. My articles have appeared over 300 times on various Christian leadership websites. I have four earned academic degrees, including a Ph.D. and a D.Min., in addition to an executive master's degree in the neuroscience of leadership and a graduate certificate in Mind, Brain, and Teaching from Johns Hopkins University. My PhD dissertation focused on stress and the neurobiological components of and solutions to chronic stress in pastors. I have an International Coach Federation certification, ACC (Associate Certified Coach) and have trained over 2500 leaders in seven countries. I am married with three adult children and have four grandchildren.

My passion is *Neuroministry*, intersecting cutting edge brain-based insight with Biblical truth.

I coach and equip pastors to effectively navigate the unique challenges ministry brings. By blending biblical principles with cutting-edge brain-based practices I help them enhance their leadership abilities, elevate their preaching/ teaching skills, and prioritize self-care.

Career summary

April 2012 – Present **Stonewell Ministries, London, ON**
Founder/CEO

Summary: Founded and lead Stonewell Ministries, a church consultant firm.
Key responsibilities: coaching, writing, teaching, and consulting.

Oct. 2013 – March, 2023 **West Park Church, London, ON**
Lead Pastor

Summary: Lead a staff of 14 in a multi-cultural church of 1,000 (4 different language congregations that meet at the same time in the same building).
Key responsibilities: Preaching, leadership, coaching, vision development, and vision casting.

July 2004 – April 2012 **Ginger Creek Community Church, Aurora, IL**
Lead Pastor

Summary: Led a staff of 20 in a church of 1100 through preaching and leadership development.

July 2000 – July 2004 **Crossroads Grace Community Church, Manteca, CA**
Teaching Pastor

Summary: Served as teaching pastor in a church of 1100 on a staff team of 22 while I gave oversight to the spiritual formation ministry

July 1986 – July 2000 **Sugarloaf Community Church, Suwanee, GA**
Founding Pastor

Summary: Founded a church that grew to over 500.

March 1983 – July 1986 **First Baptist Church, Broken Arrow, OK**
Associate pastor

March 1980 – March 1983 **Southcliff Baptist Church, Ft. Worth, TX**
Singles Minister

Education

Columbia Biblical Seminary
PhD, Practical Theology

Columbia, SC, May, 2023

Johns Hopkins University
Graduate Certificate in Mind, Brain, and Teaching

Baltimore, MD, May, 2020

Wilfred Laurie University
Therapeutic Models of Mindfulness Certificate

Kitchener, ON, April, 2021

Academy of Brain Based Leadership
Brain-Based Leader Certificate

Rancho Santa Margarita, California, 2018

Neuroleadership Institute
Executive Master
Neuroscience of Leadership (Distinction)

New York, NY, 2015

Trinity Evangelical Divinity School
Doctor of Ministry

Deerfield, Illinois, 1991

Southwestern Baptist Theological Seminary
Master of Divinity

Fort Worth, Texas, 1982

Georgia Institute of Technology
Bachelor of Industrial Engineering (High Honors)

Atlanta, Georgia, 1978

Publications

Books

Title to be determined: My newest book to be published next year by Moody Press will be a general Christian market book on stress resilience.

If Jesus Gave a TED Talk: Eight neuroscience secrets the Master Teacher used to persuade His audience, Subject area: intersection of the pedagogy of Jesus with the neuroscience of learning (Freiling Publishing, October, 2021).

Every Pastor's First 180 Days: How to Start and Stay Strong in a New Church Role (Equip Press, Oct., 2019, Equip Press). A definitive guide for pastoral onboarding.

Holy Noticing: The Bible, Your Brain, and the Mindful Space Between Moments (March, 2019, Moody Press). It intersects Scripture and cognitive neuroscience as it relates to mindfulness (300 citations).

Brain-Savvy Leaders: The Science of Significant Ministry (2015, Abingdon Press). It has also been published in the UK. Intersects Scripture and the latest neuroscience findings related to leadership.

People-Pleasing Pastors: Avoiding the Pitfalls of Approval-Motivated Leadership (2014, IVP). Outreach, Inc. named it a 12th Annual Outreach Resource of the Year Recommendation in the leadership category. It has also been published in India and the Middle East. It intersects Bowen Family Theory, neuroscience, and Scripture.

5 Ministry Killers and How to Defeat Them (2011, Bethany House Publishers). It earned the 2012 Writer of the Year Award at the Write-to-Publish Conference held at Wheaton College. It reflects proprietary research done by Barna research for me.

Daughters Gone Wild-Dads Gone Crazy (2005, 'W' Publishing/Thomas Nelson) co-authored with my daughter Heather. It earned the 2007 Writer of the Year Award at the Write-to-Publish Conference held at Wheaton College.

Other print publications

Over 30 of my articles and book reviews have appeared in print media in leading church and ministry magazines such as *Relevant Magazine*, *Outreach Magazine*, *Leadership Journal*, *Called Magazine*, *YouthWorker Journal*, *REV*, *OnMission*, *New Man*, *Seek*, *The War Cry*, *Living with Teenagers*, and *In Touch*.

I contributed one chapter to the book *Encounters with God* (2004, Family Christian Stores) and *The Spirit of Christmas* (2011, St. Martin's Press) compiled by Cecil Murphy.

On-line publications

I am a regular contributor to several Christian leadership blog sites. Over 300 of my blog posts have appeared on these sites: Churchleaders.com, Outreachmagazine.com, Pastors.com, SermonCentral.com, BrianDoddonLeadership.com, ChurchPlanters.com, and BiblicalLeadership.com.

Academia

Invited workshop presenter to the annual World Conference of the American Association of Christian Counselors, *The Sleep Better Plan: A Brain-based, Biblically Sound Sleep Coaching Tool*, (Sept., 2023).

Invited workshop presenter to the annual World Conference of the American Association of Christian Counselors, *Mindfulness for the Christian: How the BREATHe Mindfulness Model Enhances Spiritual Formation*, (Oct., 2019).

Poster presentation to the annual World Conference of the American Association of Christian

Counselors, *Mindfulness for the Christian: How the BREATHe Mindfulness Model Enhances Spiritual Formation*, (Oct., 2019).

Guest lecturer, Tyndale Seminary DMin Course: *Leadership and Change-The Brain and Change*, Toronto, Canada, 2019.

Guest lecturer, Trinity Evangelical Divinity Seminary DMin Course on Leadership: *Leadership and the Brain*, Deerfield, Illinois, 2019

Served as the primary content reader for a Fuller Seminary DMin thesis (title: *Cultivating the Fruit of the Spirit: Mindfulness-Meditation Immersion*).

Supervisor for DMin thesis for a Northern Seminary student (title: *This I Recall To Mind, Therefore I Have Hope: A study of how memory shapes receptivity of the gospel within the generational, increasingly multi-ethnic Steinbach Evangelical Mennonite Church congregation, in the Canadian prairies of Southern Manitoba*).

Currently supervising a PhD student's dissertation preparation (Columbia Biblical Seminary)

Other:

Certifications

International Coach Federation credentialed, ACC certification (Associate Certified Coach)

Certified Resilience and Sleep Coach (Precision Nutrition)

Certified Resilience Coach (Driven Universal)

Certified church vision Navigator (AUXANO)

Certified CBT-I Clinician (Dr. Gregg D. Jacobs)

Certificate, Intensive Training: Cognitive Behavioral Therapy for Insomnia, CBT-I (PESI)

Presenter at the National Outreach Summit, 2019 (Outreach.com, 10/19).

Trained over 2,500 pastoral leaders in the US, Canada, and Latin America in leadership in these venues.

- SAGE ([Leadership Network](#) on-line training event)
- [Caregivers Forum](#) ministry leaders retreat
- [Barnabas Ministries](#) pastoral retreat
- Leadership and Innovation Conferences in Mexico, Columbia, Chile, Peru, and Ecuador ([Liderinnova](#))
- [Congregational Christian Churches](#) pastors conference (Canada)
- [Fellowship of Evangelical Baptists](#) Pastor's Conference
- [Fellowship of Evangelical Baptists](#) National Convention
- Various other pastors' conferences in the U.S., Canada, Haiti, and Cuba

Served on the SEND training team for new church planter trainers (SBC).

Numerous radio, podcast, and media interviews about my books including Christianity Today's *Exchange* with Ed Stetzer, *Christ Fabry Live*, *Focus on the Family*, *Family Talk with Dr. James Dobson*, *Churchleaders.com*, *Unseminary.com*, *Sunday Nite Live* with Kim Wier, Saddleback Church discipleship podcast, and the Christian Medical & Dental Association's *Healthy Doctor Podcast*.

Professionally coached multiple pastoral leaders.

References available on request
